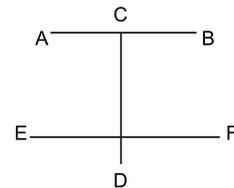


Toi-Gye



The pattern name was the 'pen name' of the noted scholar Yi Hwang (16th century) who was an authority on the philosophy of neo-Confucianism. The 37 movements of the pattern refer to his birthplace on 37th latitude. The pattern diagram, as with Pattern Yul-Gok, represents the Chinese character for "scholar". The pattern begins in Close Ready Stance 'B'.

1. Move the Left foot to B forming a Right L Stance Middle Block
2. Slip the front foot into a Left Walking Stance towards B and perform a low thrust with the Upset Fingertip
3. Bring the left foot to the right to form a close stance high side back strike with the right back fist and extending the left hand side downward. Perform in a Slow Motion.
4. Move the Right foot to A forming a Left L Stance Middle Block
5. Slip the front foot into a Right Walking Stance towards A and perform a low thrust with the Upset Fingertip
6. Bring the right foot to the left to form a close stance high strike with the left back fist and extending the right hand side downward. Perform in a Slow Motion.
7. Step towards D with the left foot into a Left Walking Stance low X-Fist Pressing Block
8. Perform a high vertical punch with the Twin Fist towards D whilst maintaining a Left Walking Stance to D
9. Perform a middle front snap kick with the right foot towards D. Perform 7 and 8 in continuous motion.
10. Place the foot and move the right foot into a Right walking stance towards D performing an Obverse Punch with the Fore Fist.
11. Perform a Reverse Punch with the Fore Fist whilst maintaining a Right walking stance towards D
12. Move the Left foot to the Right foot forming a close stance towards F whilst performing a twin side elbow thrust. Perform in a slow motion.
13. Move the right foot towards F in a stamping motion, forming a sitting stance W-shape block
14. Move the left foot towards F in a stamping motion turning clockwise, forming a sitting stance W-shape block
15. Move the left foot towards E in a stamping motion turning clockwise, forming a sitting stance W-shape block
16. Move the right foot towards E in a stamping motion turning counter clockwise, forming a sitting stance W-shape block
17. Move the left foot towards E in a stamping motion turning clockwise, forming a sitting stance W-shape block
18. Move the left foot towards F in a stamping motion turning clockwise, forming a sitting stance W-shape block
19. Bring the Right foot towards the Left and then move the Left foot towards D forming a Right L Stance towards D performing a low pushing Double Forearm block
20. Extend both hands upwards as if to grab the head whilst slipping the left foot towards D into a Left walking stance
21. Perform an upwards kick with the right knee whilst pulling both hands down
22. Lower the right foot to the Left foot. Move the left foot towards C and form a Right L Stance towards C. Perform a middle knife hand guarding block towards C.
23. Perform a low side front kick to C keeping the position of the hands as they were in 22.
24. Lower the left foot towards C forming a Left walking stance towards C whilst performing a high thrust to C with the Left flat fingertip
25. Move the right foot towards C. Form a Left L Stance towards C. Perform a middle knife hand guarding block towards C.
26. Perform a low side front kick to C keeping the position of the hands as they were in 25.
27. Lower the right foot towards C forming a Right walking stance towards C whilst performing a high thrust to C with the Right flat fingertip
28. Move the Right foot to D forming a Right L stance towards C whilst performing a side back strike to D with the Right back Fist and a low block to C with the Left forearm
29. Jump to C. Land in an X-Stance towards A whilst performing a pressing block with the X-Fist.
30. Move the Right foot towards C forming a right walking stance to C whilst performing a high double forearm block.
31. Move the left foot towards B. Form a Right L Stance low knife hand guarding block towards B
32. Perform a circular block towards BD whilst slipping the front foot into a Left walking stance towards B.
33. Bring the Left foot towards the Right foot. Move the Right foot towards A. Form a Left L Stance low knife hand guarding block towards A
34. Perform a circular block towards AD whilst slipping the front foot into a Right walking stance towards A.
35. Perform a circular block towards CE whilst forming a Left walking stance towards D.
36. Perform a circular block towards AD whilst forming a Right walking stance towards A.
37. Move the Right foot on line AB to form a sitting stance towards D performing a right forefist middle Punch to D. Shout "Toi Gye" after the breath. Move the Right Foot back to a Ready Posture.