

Senior Kup Grading Exam

Please Fully Complete Section 1 - Parent/Legal Guardian to complete on behalf of

Paid £65 Fee?

Applicant if under 18 years of age. Application will only be processed upon payment. PRESENT GRADE? 3rd Kup Section 1 - Personal Details - Student / Parent to Complete Single Stripe SURNAME: <u>OR</u> FORENAME: 3rd Kup AGE AT GRADING: Double Stripe OR GRADING DATE: 2nd Kup Section 2 – Examiners Assessment x=Negative $\sqrt{\text{=Positive}}$ This is a Judgmental and not a Mathematical assessment. Basic Techniques & Patterns Stance / Kick / Balance / Fist / Power 1 2 3 4 5 6 7 8 9 10 Chon-Ji / Dan-Gu / Do-San / Won-Hyo / Yul-Gok / Joon-Gun Toi Gye / Hwa-Rang Sparring 1 2 3 4 5 6 7 8 9 10 Fixed Sparring / Free Sparring Self Defence 1 2 3 4 5 Use of Power+Mass / Effectiveness / Use of Voice **Power Test** 1 2 3 4 5 Technique / Correct Foot or Hand Part Personal Conduct, Theory & Tenets 1 2 3 4 5 6 7 8 9 10 Etiquette / Bowing / Korean Terminology / Pattern Definitions Section 3 – Result Overall Score: ____ / 40 (Pass=24 and above) New Grade: ____ KUP Section 4 – Examiners Recommendation Pass - To Take 1st Degree Black Belt within 12 Months

Pass - To Take 1st Degree Black Belt within 18 Months

Fail - Sit a Retest and discuss performance with their Instructor